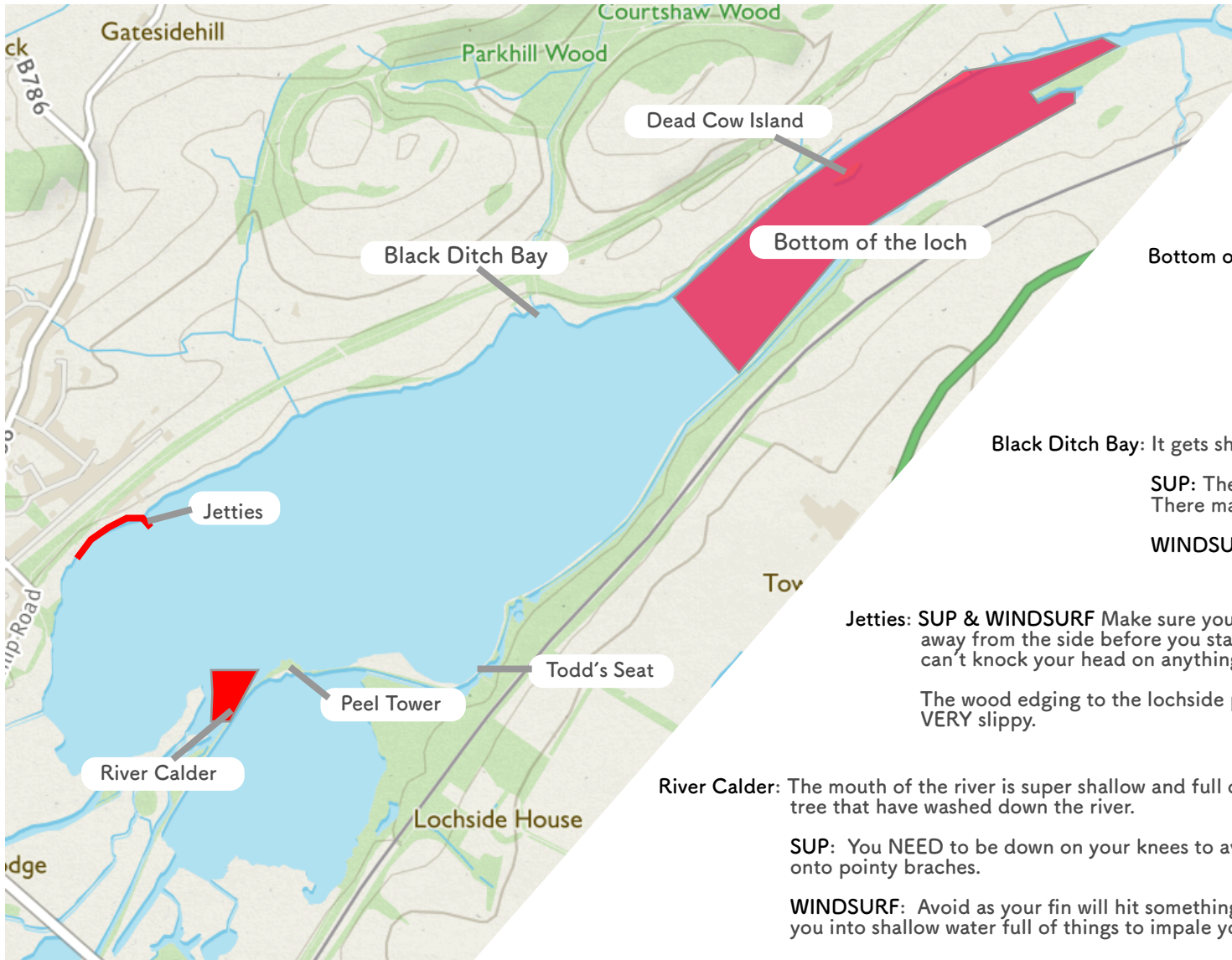


Clyde Windsurfing and SUP: Castle Semple Loch primary danger areas



Bottom of the Loch: SUP: Don't go here alone. We can't see you if you have an incident. SW Wind and Waves can be amplified here.

WINDSURF: Same as SUP but with addition that the loch is narrow and the prevailing winds can trap you here

Black Ditch Bay: It gets shallow near the beach.

SUP: There is a small pier that can be submerged. There may be broken glass near the beach

WINDSURF: It is too shallow

Jetties: SUP & WINDSURF Make sure you are two board lengths away from the side before you stand up. This means you can't knock your head on anything hard and sharp :-)

The wood edging to the lochside path at Car Park is VERY slippery.

River Calder: The mouth of the river is super shallow and full of bits of tree that have washed down the river.

SUP: You NEED to be down on your knees to avoid falling onto pointy braches.

WINDSURF: Avoid as your fin will hit something and dump you into shallow water full of things to impale yourself on